



Ten forest challenges for autumn

Challenge 1 Lots of animals live in the forest, but where are their homes? How many can you spot when you explore and look up, down and all around?

Challenge 2 Many trees produce their seeds in the autumn. How many different seeds can you find? Take one home and plant it to grow a new tree.

Challenge 3 Find a muddy puddle or a small pond. Watch it closely – does anything live or grow in it?

Challenge 4 In the autumn, animals are getting ready for winter – build a den that would keep you warm, dry and safe if you had to spend the cold months in the forest. What other things can you think of that are built from wood?

Challenge 5 Make a beautiful autumn picture on the ground, using orange, brown and yellow leaves. Your picture could be a forest animal or a monster or just a nice colourful pattern.

Challenge 6 Take crayons and plain paper to the forest and do some bark rubbings.

Challenge 7 Can you find five things that have been provided by the Forestry Commission to help people to enjoy their visit to the forest

Challenge 8 In early autumn, pick blackberries. Later on, look for sweet chestnuts – take them home to cook, or just eat them straight from their shells.

Challenge 9 Play with fallen leaves – bury yourself or your friend, or gather them up to see who can make the biggest pile.

Challenge 10 Take some colourful leaves home, press them between sheets of paper under a heavy book, and use them to make a collage.