

Discover your forest with the Forestry Commission and the Children's University

### Recommended forests and trails

County	Forest	Postcode	Trail	Trail length
Cornwall	Cardinham Woods	EX6 7XR	Ladyvale Walk	1.5 miles
County Durham	Coatham Wood	TS21 1DD	Green Walk	1.7 miles
County Durham	Hamsterley Forest	DL13 3NL	Yellow trail	2.5 miles
Devon	Haldon Forest Park	EX6 7XR	Discovery Trail	1.5 miles
Dorset	Moors Valley	BH24 2ET	Fitness Trail	2 miles
Gloucestershire	Beechenhurst – Forest of Dean	GL16 7EL	Sculpture Trail (shortcut A)	2.2 miles
Hampshire	Alice Holt	GU10 4LS	Easy Access plus Habitat Trail	1.5 miles
Herefordshire	Wapley Hill Wood	LD8 2HS	Wapley Hill Trail	3 miles
Kent	Bedgebury Forest and Pinetum	TN17 2SJ	Play Trail Walk	1.5 miles
Leicestershire	Hicks Lodge	LE65 2UP	Lake Route	2 miles
North Yorkshire	Guisborough Forest	TS14 8HD	Red Route	2.5 miles
North Yorkshire	Dalby Forest	YO18 7LT	Yellow – Dalby Beck	3 miles
North Yorkshire	Cropton Spiers	YO18 8ES	Red Route	2.8 miles
North Yorkshire	Cropton Keldy	YO18 8HW	Blue Walk	1.5 miles
Northamptonshire	Fineshade Wood	NN17 3BB	Smelter's Walk	2 miles
Northumberland	Kielder Forest	NE48 1ER	Duchess Trail	1.75 miles
Nottinghamshire	Sherwood Pines	NG21 9JL	Pink Route	3 miles
Nottinghamshire	Silverhill Wood	NG17 3JJ	Circuit	1.5 miles
Nottinghamshire	Oxclose Wood	NG19 7NS	White trail	1 miles
Nottinghamshire	Ollerton Pit Wood	NG22 9PZ	White trail	0.8 miles
Shropshire	Haughmond Hill	SY4 4PW	Wilfred's Walk	2.1 miles

County	Forest	Postcode	Trail	Trail length
Shropshire	Mortimer Forest	SY8 2HD	Whitcliffe Loop	2 miles
			Black Pool Loop	1.5 miles
Somerset	Great Wood	TA5 1HN	Red route	2 miles
South Yorkshire	Brodsworth Community Woodland	DN5 7XB	Blue Trail	2 miles
South Yorkshire	Bentley Community Woodland	DN5 ONP	Blue Trail	2 miles
Staffordshire	Cannock Forest	WS15 2UQ	Green Route	2.5 miles
Suffolk	Rendlesham	IP12 3NF	Red Trail	3 miles
Suffolk	Lynford Arboretum	IP26 5HW	Blue Walk	1.5 miles
Suffolk	High Lodge	IP27 OAF	Pine Trail	1 miles
Sussex	Abbot's Wood	BN26 6SL	Abbot's Amble	1.5 miles
Tyne & Wear	Chopwell Woods	NE39 1LT	River Walk	3.2 miles
Worcestershire	Wyre Forest	DY14 9XQ	Green/Woodpecker Trail	2.2 miles