

# Team Building Activity Days





# Looking for a unique experience for your team?



Let the Forestry Commission show you something  
completely different!

Whether you fancy getting stuck into something practical, trying your hand at bushcraft or getting out and about on your bikes we've got something for everyone.



# Corporate Challenges



A great opportunity for your team to really get stuck in!

Physical challenges to relieve the stresses and strains of everyday life. A great way to work together on rewarding tasks that benefit wildlife and local communities. Don't worry you don't need to be super-fit to get involved, we have something for everyone.

Get your team stuck into

- Brash burning
- Tree felling
- Fence removal
- Scrub bashing and more...

*" I thoroughly enjoyed the activity and would jump at the chance of doing it again"*

EON, 2010

# Bushcraft Workshops



Does your team want to try something a bit different and learn useful new skills?

Escape the bustle of everyday life and lose yourselves in an all-day bushcraft workshop. Relax and unwind in rustic settings while you work together to solve challenges, brew the perfect cup of tea and learn plenty of new woodland skills.

- Navigate your way through the woodland
- Construct survival shelters
- Explore friction fire-lighting
- Try your hand at water purification

We can also arrange overnight stays in the forest that give your group a real chance to get back to nature.

*"I thought it was a fun and interesting experience!  
Certainly different from a day in the office!!"*

Boots Group plc., 2009

# Teambuilding & Problem Solving



A chance for your team to work together and really achieve results.

Tucked away in natural woodland settings this series of activities is designed to really get your team communicating, boosting teamwork and moral.

An action-packed day can include

- Orienteering
- Problem solving
- Trust exercises
- Team building challenges

If there is a particular focus or skill you would like your day to be based around we are more than happy to accommodate this with prior notice. This could involve a particular focus on communication, working as a team or getting to know other members of the group better.

*"It was good to work as a team with people you wouldn't normally work with"*

Boots Group Plc., 2009



# Cycling Adventures



Challenging rides for those wanting to try something off the beaten track.

Guided rides through Sherwood taking in a variety of trails. It's a real chance to explore the forest. Rangers can tailor the route to the ability of the group. It could be a gentle meander through the woods or an assault on the *black run*.

- Skills training
- Guided rides
- Off-roading
- Plenty of mud!

*"Really enjoyed the day, would definitely come back for more."*

Government Office for East Midlands, 2010

# Mix and Match



Why not find something for everyone and try a little bit of everything.

Whether you want to try something new, return to your childhood or just can't decide what you'd like to do, mix and match is a great way to keep the team busy.

Why not choose an assortment of

- Corporate challenges
- Bushcraft
- Teambuilding
- Cycle Adventures
- Pond dipping
- Environmental art projects

We are more than happy to discuss your requirements and create a day that all will enjoy.

*"Thank you for this wonderful opportunity to take part in such an activity"*

EON, 2010

# Frequently asked questions



## Where can we get involved?

Team building and corporate challenges are run in woodlands across North Nottinghamshire, Derbyshire, South Yorkshire and Lincolnshire. Some of our programmes may only be available at selected sites. Please get in touch to find out where your nearest opportunities are.

Toilets are only available at a couple of our woodlands, although there are plenty of private places to go! Portalooos can be arranged if needed but would incur an additional cost.

## What does the day include?

Your day will be tailored to the needs and interests of your group. No previous experience is necessary. All rangers are trained/qualified to run the activities. Your ranger on the day will clearly explain and demonstrate all of the tasks you are to get involved in. All equipment, tools, materials and personal protective equipment is provided.

Light refreshments of tea, coffee and biscuits are also provided, although you may have to boil the water in a storm kettle!



### What do we need to bring?

Participants will need to dress for the weather and have sturdy footwear. Please be aware you are outdoors so you could get muddy. The British weather is unpredictable so you may want to bring sun protection or waterproof clothing depending on the season. It doesn't hurt to be prepared. For practical conservation days outdoor footwear with good ankle support is necessary.

Lunch is not provided but packed lunches could be arranged at an extra cost.

### What will it cost?

A ranger-led teambuilding day or corporate challenge tailored to the needs and interests of your group will cost:-

< 10 people	=	£250
11 - 15 people	=	£300
16 - 20 people	=	£350
21 - 25 people	=	£400
25 +	please contact us	for further details.

*Overnight* Bushcraft Adventures are available from £40 per head.

*N.B. Some programmes have a maximum number of participants.*



### Where does our money go?

Your financial contribution supports our wide ranging community involvement work, helping people to understand and enjoy their local woodlands.

We recently won the Civil Service Equality and Diversity Award for “Understanding and engaging with local communities” for a variety of projects including:

- A work experience programme for young adults with autism
- Providing interpreters for the Deaf community to enable participation in wildlife and conservation work
- Intensive engagement with former coalfield communities through educational and practical conservation programmes
- Working with the Council of Faith to involve ‘all faiths and none’ to create a sacred space for reflection.

By empowering people to understand and get involved in managing their local area, we aim to encourage the sustainable management of valuable habitats for many generations to come.



For more information or to check availability please contact

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For more information about the Forestry Commission, woodlands we manage and the communities we work with, visit our website [www.forestry.gov.uk/eastmidlands](http://www.forestry.gov.uk/eastmidlands) .

