

Eastridge Wood MTB Trails

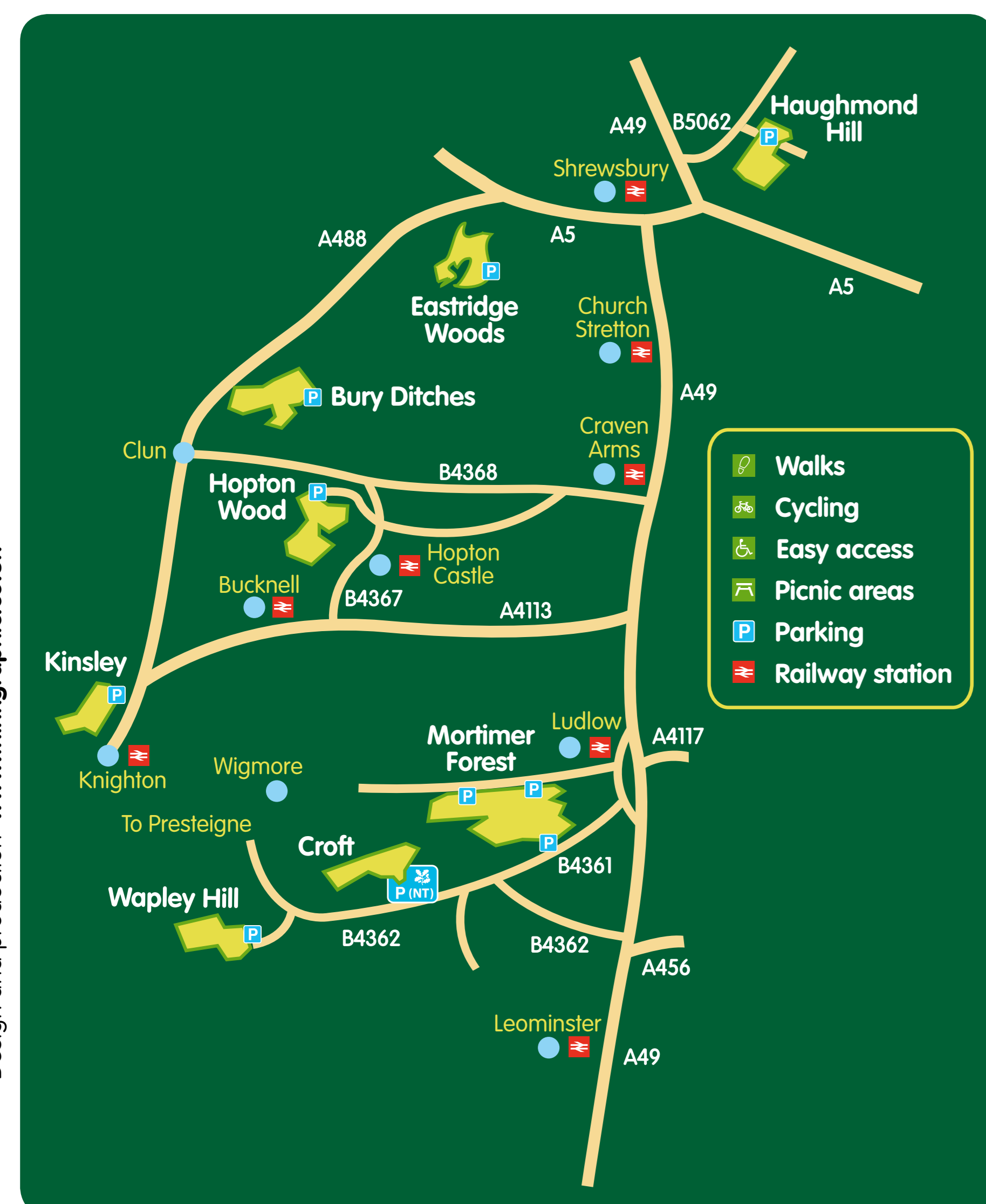


A hundred years ago Eastridge Woods were full of muddy folk doing dangerous things. It's been quiet around here since the quarry stopped working.

Since then the trees have been growing and the muddy folk are back. We hope you'll have a great time pitting your skills against the best trails the Wood has to offer.

Welcome to this steep hill-top wood, enjoy its raw, ever changing trails, they make for a fantastic challenge and remember the geology is still close to the surface.

Enjoyed Eastridge?
You will love **Hopton Wood's Trails!**



Follow the forest Cycle Code

1. Don't rely on others:
 - ▶ Can you get home safely?
 - ▶ Carry the right equipment and know how to use it.



2. For your own safety:
 - ▶ Always wear the right safety clothing, at least a cycle helmet and gloves.
 - ▶ Only cycle within your abilities.
 - ▶ Only tackle jumps and other challenges if you are sure you can do them, have a look first!
 - ▶ Train properly especially for difficult and technical routes.



3. On and off road:
 - ▶ Expect the unexpected - watch out for other visitors
 - ▶ For your own and others' safety always follow warning signs and any advice you are given
 - ▶ If a vehicle is loading timber stop and wait for the driver to let you pass safely.



4. Cycle carefully and come back soon!

Emergency Information

In the case of emergency call 999

You are in EASTRIDGE WOOD, NEAR HABBERLEY.
The nearest postcode is SY5 0TP
Grid reference for this sign is SJ 391 027

The location of the closest Accident & Emergency Department is **The Royal Shrewsbury Hospital** (25 mins drive)

Directions - Take the road south from Habberley and turn right after 225 m (sign posted for Eastridge woods) the car park is up this road on the right.

Your Safety

▶ Mountain biking is a potentially hazardous activity carrying a significant risk. It should only be undertaken with a full understanding of all inherent risks.
The guidelines on this panel must always be used in conjunction with the exercise of your own experience, intuition and careful judgement.

▶ Routes may change owing to weather conditions, the season, tree felling and other forest operations.

▶ No motorbikes, quadbikes, dogs or horses are allowed on the MBT trails.



Find the right trail for you

Easy Blue Moderate

Suitable for: Intermediate cyclists/mountain bikers with basic off-road riding skills.
Mountain bikes or hybrids.
Trail Surface types: Wide trail, the surface may be loose, uneven or muddy.

Gradients and technical trail features: An initial long climb from the car park and sweeping descent.

Suggested fitness level: A good standard of fitness can help.

Downhill Trails Extreme

Suitable for: Experienced downhill riders
Trail Surface types: As the Revelation Trail but with an expectation of greater challenge and continuous difficulty.

Gradients and technical trail features: Steep and committing with tight turns, natural drops and rocks.

Suggested fitness level: A good standard of fitness, but technical skills more important.

Revelation Trail Difficult

Suitable for: Proficient mountain bikers with good off road riding skills. Suitable for better quality off-road mountain bikes.

Trail Surface types: Rocky, rooty, muddy, uneven, loose surfaces likely to change frequently with the weather conditions.

Gradients and technical trail features: steep climbs and sharp descents of a challenging nature, expect tight turns, berms, rocks and logs.

Suggested fitness level: A higher level of stamina and fitness, technical ability essential.



The Trails

Easy Blue Moderate
Waymarked in Blue
2.8 km (1.6 miles)

Revelation Trail Difficult
Waymarked in red
Approx. 8 Km (5 miles)
Designed and built with the help and guidance of local riders, the **Eastridge Trail Partnership**.

98 DH
0.8km (0.5 miles)

Student Champs Downhill
0.5km (0.3 miles)

Other waymarked trails in the woods

Public Right of Way - Footpath

Public Right of Way - Bridleway

Ride UK Route - Permissive route for horses
Shropshireriding.co.uk

P Parking

Viewpoint



The **Eastridge Trail Partnership** is a group of local riders working with the Forestry Commission to improve the riding in these woods. So far the ETP have worked to link up the best bits of trail in the wood to bring about the Revelation trail. If you are interested in getting involved contact the ETP through their facebook page or by email; eastridge_trails@btinternet.com



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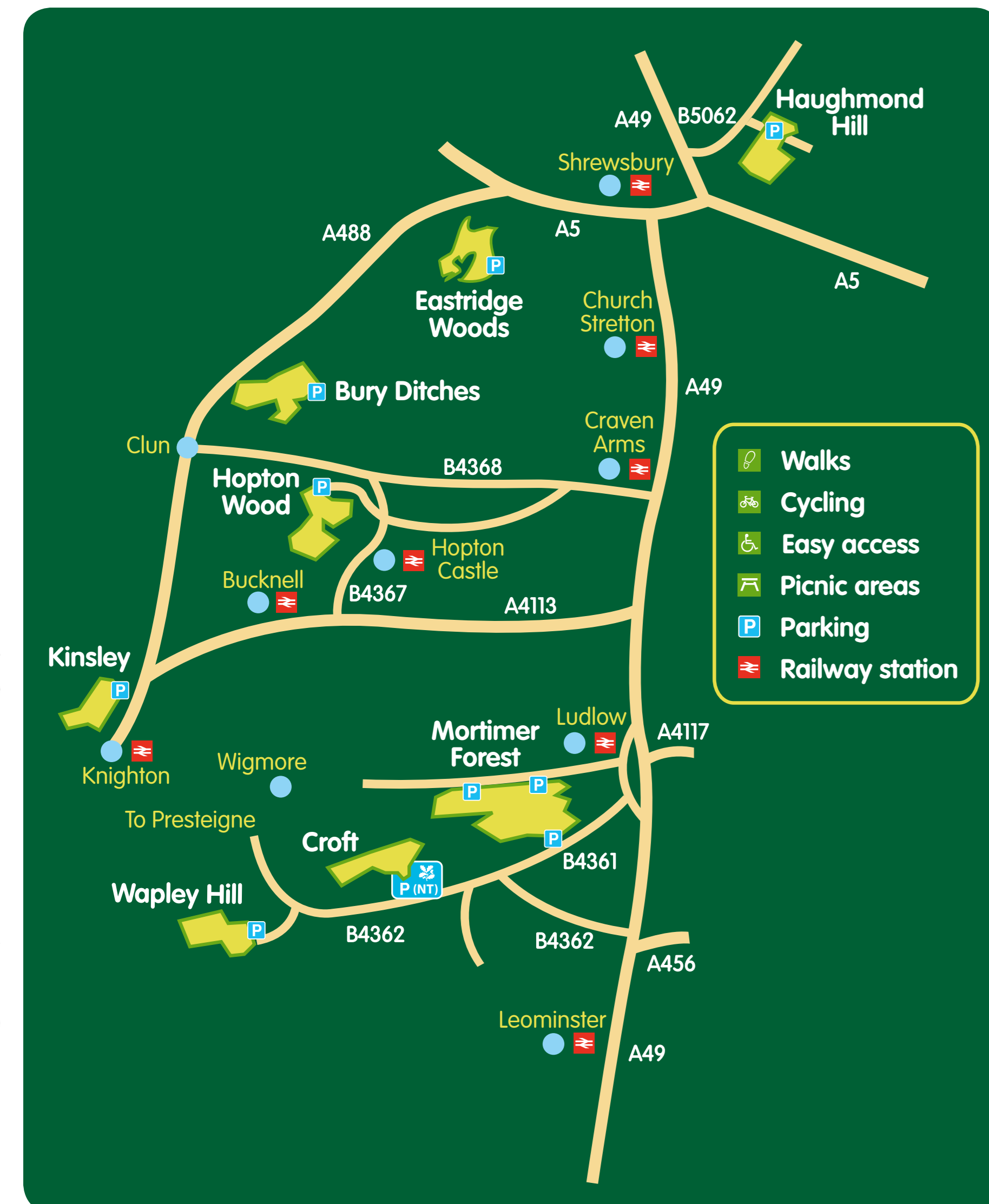


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You are in **EASTRIDGE WOOD** (Snailbeach Coppice),

NEAR SNAILBEACH

The nearest postcode is **SY5 0TS**

Grid reference for this sign is **SJ 376 024**

The location of the closest Accident & Emergency Department is **The Royal Shrewsbury Hospital**

(35 mins drive)

The nearest public payphone is in **Snailbeach**

Emergency access via **Lords Hill Road** from

Snailbeach, after 200m turn left on to track up to

forest gate (a further 200m).

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