

Westonbirt Wellbeing

Westonbirt
The National
Arboretum

Discover Westonbirt's
programme of facilitated visits

One day visits

- All facilitated visits will be led by a Community Officer and team of specialist volunteers.
- Hot drinks provided.
- The visit can be fully adapted to suit the needs of the group.
- Opportunities to explore the collection through sensory walks.
- There will be a natural craft activity incorporated in the day visit.
- Sessions are either in the morning or afternoon and do not include a lunch break.
- Participants and group leaders will be asked for feedback.
- Any individual that requires any additional support will need to be assisted by a carer/family member.
- All activities are fully subsidised until Jan 2018.

Find out
more visit

forestry.gov.uk/westonbirt-community



heritage
lottery fund

LOTTERY FUNDED



Forestry Commission
England

Westonbirt, The National
Arboretum is cared for by the
Forestry Commission.

forestry.gov.uk

Westonbirt Wellbeing

Westonbirt
The National
Arboretum

Discover Westonbirt's
programme of facilitated visits

One day visit: example day

- 10-1pm or 1-4pm
- Welcome to Westonbirt with hot drink
- Sensory walk around the collection collecting leaves
(mobility scooters and manual wheelchairs can be booked in advance)
- Tea break
- Nature printing craft activity
- Group chat about memories of trees
- Creative feedback activity
- Finish

Find out
more visit

forestry.gov.uk/westonbirt-community



heritage
lottery fund

LOTTERY FUNDED



Forestry Commission
England

Westonbirt, The National
Arboretum is cared for by the
Forestry Commission.

forestry.gov.uk