

# Explore Cannock Chase trails



## Trail information

### From Birches Valley Forest Centre

#### Route to Health - - - -

1.6km/1 miles

An easy, mostly flat, circular arts trail created by local artists, students, schools and community groups. The unique art pieces are all themed around health issues and are designed to generate interest in areas such as exercise, relaxation, mental health and a healthy heart. Includes the popular 'Fairy Trees'.

#### Fairoak Trail ●●●

4km/2.5 miles

An easy circular trail that takes in the magnificent Fairoak Valley and pools, a rich and important habitat that is home to many wildlife species. The area has an interesting coal mining past and was the location of a colliery in the late 19th century. This trail also provides access to the Cannock Chase Visitor Centre at Marquis Drive and to the blue graded Sherbrook Trail.

#### Sherbrook Trail ●●●

**Pepper Slade loop:**  
12km/7.5 miles  
(Distances include Fairoak Trail)

**Abraham's Valley loop:**  
20km/12.5 miles  
(Distances include Fairoak Trail)  
Forest road and multi-use trail

This trail takes in the picturesque Sherbrook Valley with its mixture of woodlands and open heathland. Two loops are available, the shorter Pepper Slade loop and the longer Abraham's Valley loop which visits the Stepping Stones and Abrahams Valley.

#### Chase Heritage Trail ○○○

Birches Valley to Rugeley  
3km/2 miles

Birches Valley to Marquis Drive  
3km/2 miles

Birches Valley to Hednesford  
8km/5 miles

This linear trail linking the towns of Cannock and Rugeley passes through Cannock Chase Forest taking in sites of historic interest along the way. This trail helps explore the people, places and events that have made Cannock Chase and the surrounding area what it is today.

## Waymarkers

## Key

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## Follow the Forest Code

## A working forest

- ▶ Guard against all risks of fire
- ▶ Protect and respect wildlife, plants and trees
- ▶ Keep dogs under control
- ▶ Take your litter home
- ▶ Respect the quiet of the forest
- ▶ Take only memories away

Cannock Chase Forest is sustainably managed and more trees are planted to replace those cut down for timber. Good forest management benefits a wide range of wildlife and provides a landscape for people to enjoy. Remember, this is a working forest so access may be occasionally restricted and trails diverted. Please pay attention to and obey all forest signage.