

Your local woodlands

in the
**Thames Chase
Community Forest**



There are ten community woodlands to explore within the Thames Chase Community Forest in Essex and east London, managed by the Forestry Commission for local communities.

These sites are open to the public 365 days a year, offering networks of all-ability surfaced paths and infrastructure for local people, and a variety of new habitats for wildlife.

There is plenty to see and do at each site, whether it's **wildlife watching, walking, mountain biking or horse riding** you're interested in.

The Thames Chase Trust oversees the community forest project, coordinating many partners within a 42 square mile area covering **Barking and Dagenham, Brentwood, Havering and Thurrock.**

Natural Play Trail

Discover the Trusty Oak, Ants Nest, Tips and more! If you're looking for something different to explore with the family, try the Natural Play Trail at Broadfields.

Ingrebourne Way

Enjoy 11 miles of traffic-free pathways between Noak Hill and Rainham, via Upminster. Created in 2013, this route takes in the Ingrebourne River via Harold Court Woods and Pages Wood, all the way to Hornchurch Country Park and Ingrebourne Hill.

On Your Bike!

All of our sites are great for cycling, but if you fancy something more challenging, try our purpose-built 2km Mountain Bike Track at Ingrebourne Hill. The track is suitable for beginners, but there are also several jumps to try if you're feeling more adventurous.

For Wildlife Watchers

If you visit the new boardwalk at Bonnetts Wood and keep very quiet and still, you might spot one of our resident water voles in the stream!

Paws Outdoors

Walking your dog is a great way to exercise, explore the outdoors and enjoy one of our woods. With miles of paths to explore, there's no need to leave your four-legged friend at home next time you're planning a day out. Dogs are very welcome, and all we ask for is owners to be responsible, by keeping dogs under control and always disposing of dog waste in the bins provided.

Visit www.forestry.gov.uk/dogs for lots of dog-friendly tips and places to visit.



Emergency info

In case of an emergency call 999. **Inform the Forestry Commission on 01708 642964 or 07795 060849.** Site location information is on the entrance maps on site.

Nearest A&E hospital facilities:
Queen's Hospital, Rom Valley Way, Romford, Essex RM7 0AG **T: 01708 435000**

For security queries out of office hours, the Forestry Commission's security can be contacted on the 24-hour phone number shown on car park barriers.

Explore your community woodlands...

Site information

Folkes Lane Woodland

Size: 48ha
Walking and cycling: 3.2km (0.6km unsurfaced)
Horse riding: 1.1km and through grass rides
Opening hours: Dawn to dusk
Parking: Free car park on Folkes Lane, just before M25 turn-off of A127
Post Code: RM14 1TH
OS Ref: TQ 577 895

Harold Court Woods

Size: 25ha
Walking and cycling: 3.3km (0.7km unsurfaced)
Horse riding: 1.3km and through grass rides
Opening hours: Dawn to dusk
Parking: Free car park on Harold Court Road, access from A12 or Harold Wood
Post Code: RM3 0YU
OS Ref: TQ 558 914

Pages Wood

Size: 74ha
Walking and cycling: 6.5km (1.2km unsurfaced)
Horse riding: 2.2km and through grass rides
Opening hours: Dawn to dusk
Parking: Free car park on Hall Lane/ Harold Wood Park
Post Code: RM14 1TT
OS Ref: TQ 562 894

Broadfields & Thames Chase Forest Centre

Size: 56ha
Walking and cycling: 6.4km (2.7km unsurfaced)
Horse riding: 1.5km
Opening hours: Dawn to dusk
Parking: Car park on Pike Lane, £1 per day
Post Code: RM14 3NS
OS Ref: TQ 585 865

Tylers Wood

Size: 14ha
Walking and cycling: 2.2km (0.4km unsurfaced)
Horse riding: Through grass areas and bridleway
Opening hours: Dawn to dusk
Parking: Free car park on Warley Road
Post Code: RM14 1TR
OS Ref: TQ 574 905

Berwick Glades

Size: 12ha
Walking and cycling: 1km (0.25km unsurfaced)
Opening hours: 24 hours
Parking: Berwick Woods, just next door to Berwick Glades
Post Code: RM13 9EJ
OS Ref: TQ 544 840

Bonnets Wood

Size: 33ha
Walking and cycling: 1.9km (0.8km unsurfaced)
Opening hours: 24 hours
Parking: Parklands car park - cross Park Farm Road to access site
Post Code: RM14 2XR
OS Ref: TQ 552 842

Cely Woods

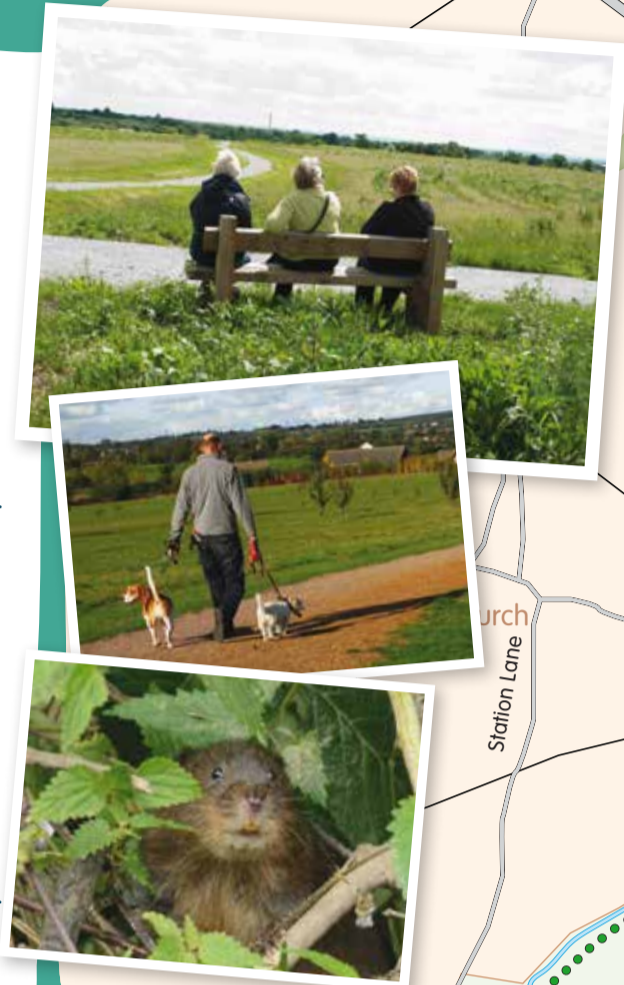
Size: 57ha
Walking and cycling: 3.5km (0.3km unsurfaced)
Horse riding: 1.5km and through grass rides
Opening hours: Dawn to dusk
Parking: Free car park on Warwick Lane
Post Code: RM13 9EW
OS Ref: TQ 560 834

Ingrebourne Hill

Size: 57ha
Walking and cycling: 4.1km (0.9km all-ability track)
Horse riding: 2.1km
Opening hours: Dawn to dusk
Parking: Free car park on Rainham Road
Post Code: RM13 8ST
OS Ref: TQ 535 838

Mardyke Woods

Size: 27ha
Walking and cycling: 1.2km (all unsurfaced)
Horse riding: 0.5km (links to Mardyke Way path)
Opening hours: 24 hours
Parking: Free car parking on local roads
Post Code: RM15 6BD
OS Ref: TQ 585 805



Follow the Forest Code

- Guard against all risks of fire
- Protect and respect wildlife, plants and trees
- Keep dogs under control and tidy after them
- Take your litter home
- Make no unnecessary noise
- Take only memories away