

# Measuring the impact of Social Forestry interventions

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How to demonstrate value for money to funding stakeholders

How to show the many significant soft outcomes that are achieved short of the hard targets that have been set







*Physical Health*

*Emotional/Mental Health*

*Social Functioning*

*Readiness for Training or  
Employment*



Goal	<b>Maintaining emotional and mental well-being</b>	
<b>A</b>	<u>Operating at target level/Demonstrating positive gains from programme</u> e.g. Reduced substance misuse, anti-social behaviour, offending Decreasing dependency on support ↑ <u>B</u> Reduced social isolation Score 75-100 in Mental Health score of SF 36	
<b>B</b>	<u>Active cooperation and taking part</u> e.g. Taking pride in work Gaining self confidence Meaningful/constructive use of time Score 50- 74 in Mental Health score of SF 36 ↑	
<b>C</b>	<u>Positive Orientation</u> e.g. Able to manage frustration, anger Willingness to try, persevere, not give up Positive attitude to/Willingness to be on the programme Score 25-49 in Mental Health score of SF 36	
<b>D</b>	<u>Indifferent/Disruptive/Minimal involvement</u> e.g. Passive involvement Disruptive behaviour Unpredictable/unreliable behaviour Score 0-24 in Mental Health score of SF 36	 

# ROUTE FOR ALGORITHMIC MEDICINE

## Short Form-36(SF-36)Health Survey

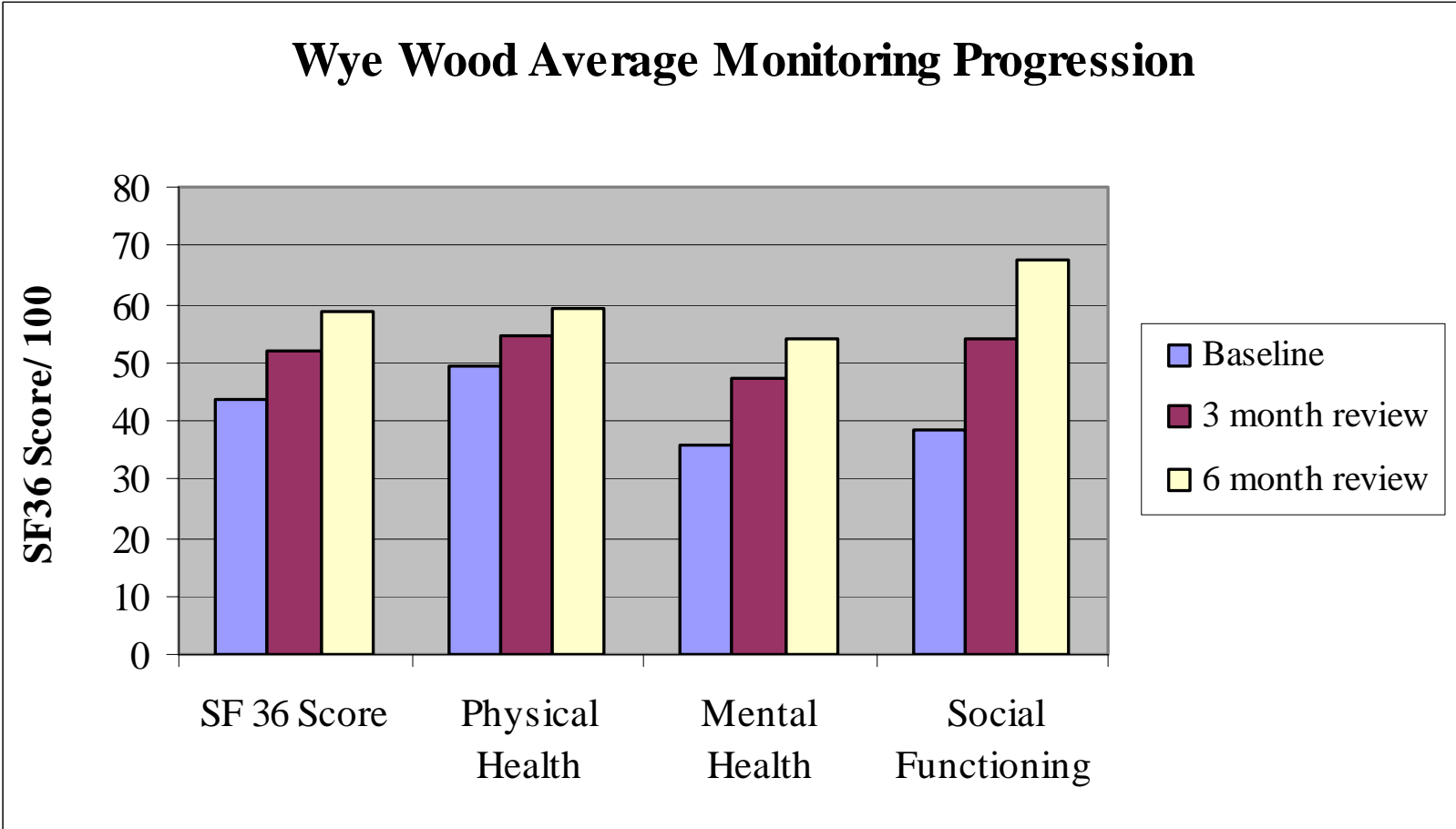
### Instructions:

This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

Answer every question by marking the answer as indicated. If you are unsure about how to answer a question, please give the best answer you can.

	excellent	very good	good	fair	Poor
1 In general would you say your health is					
	much better	somewhat better	about the same	somewhat worse	much worse
2 Compared to one year ago, how would you rate your health in general now?					
3 The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?					
	Yes, limited a lot	Yes, limited a little	No, not limited at all		
a Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports.					
b Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf.					
c Lifting or carrying groceries.					

# Wye Wood Average Monitoring Progression



Client "A"

Score on entering the project

Total Sf36 **Score 56**

Physical Health 72

Mental Health 29

Social Functioning 63

The three month review revealed a significant drop in score

Total Sf36 **Score 41**

Physical Health 52

Mental Health 28

Social Functioning 25

Six month score following review with care co-ordinator

Total Sf36 **Score 58**

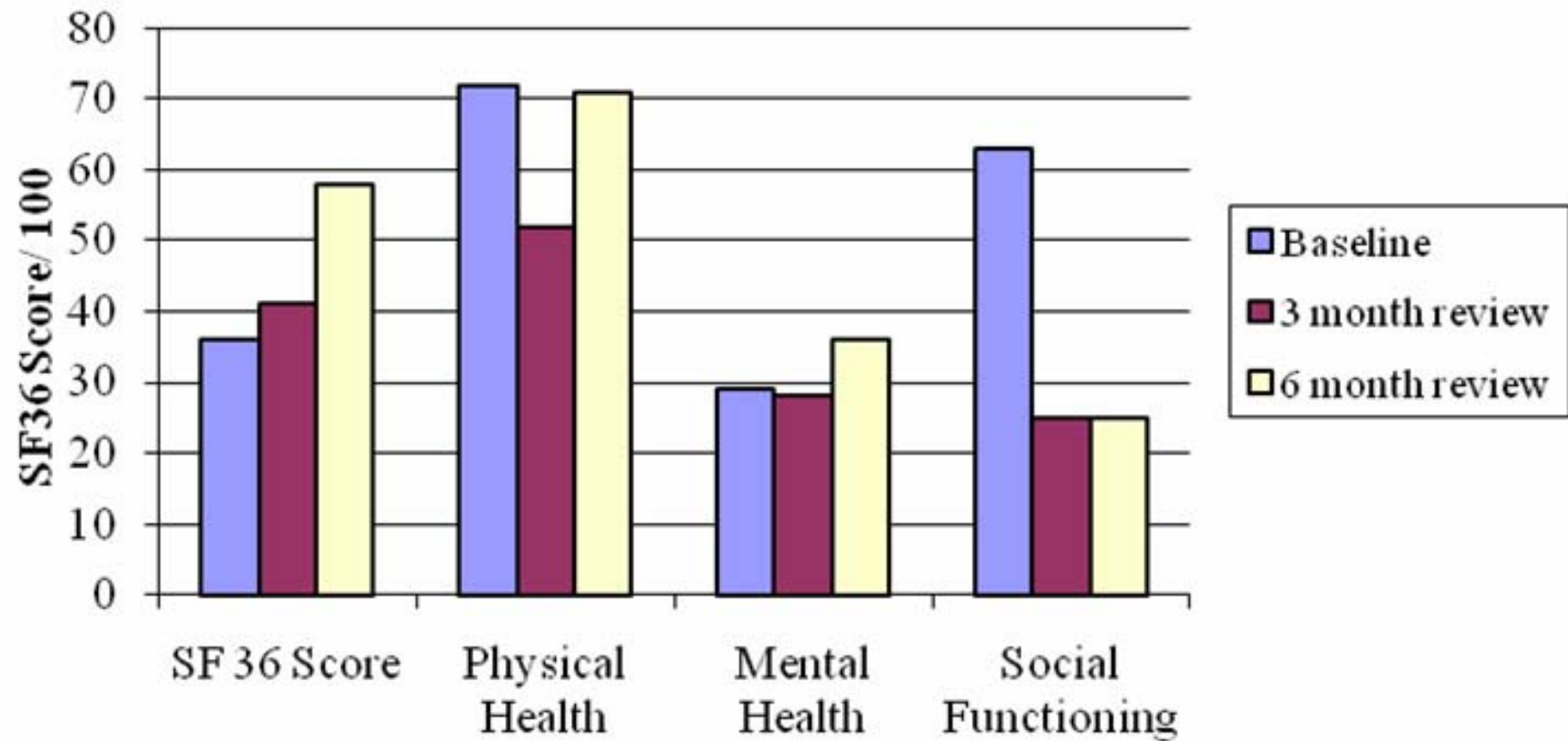
Physical Health 71

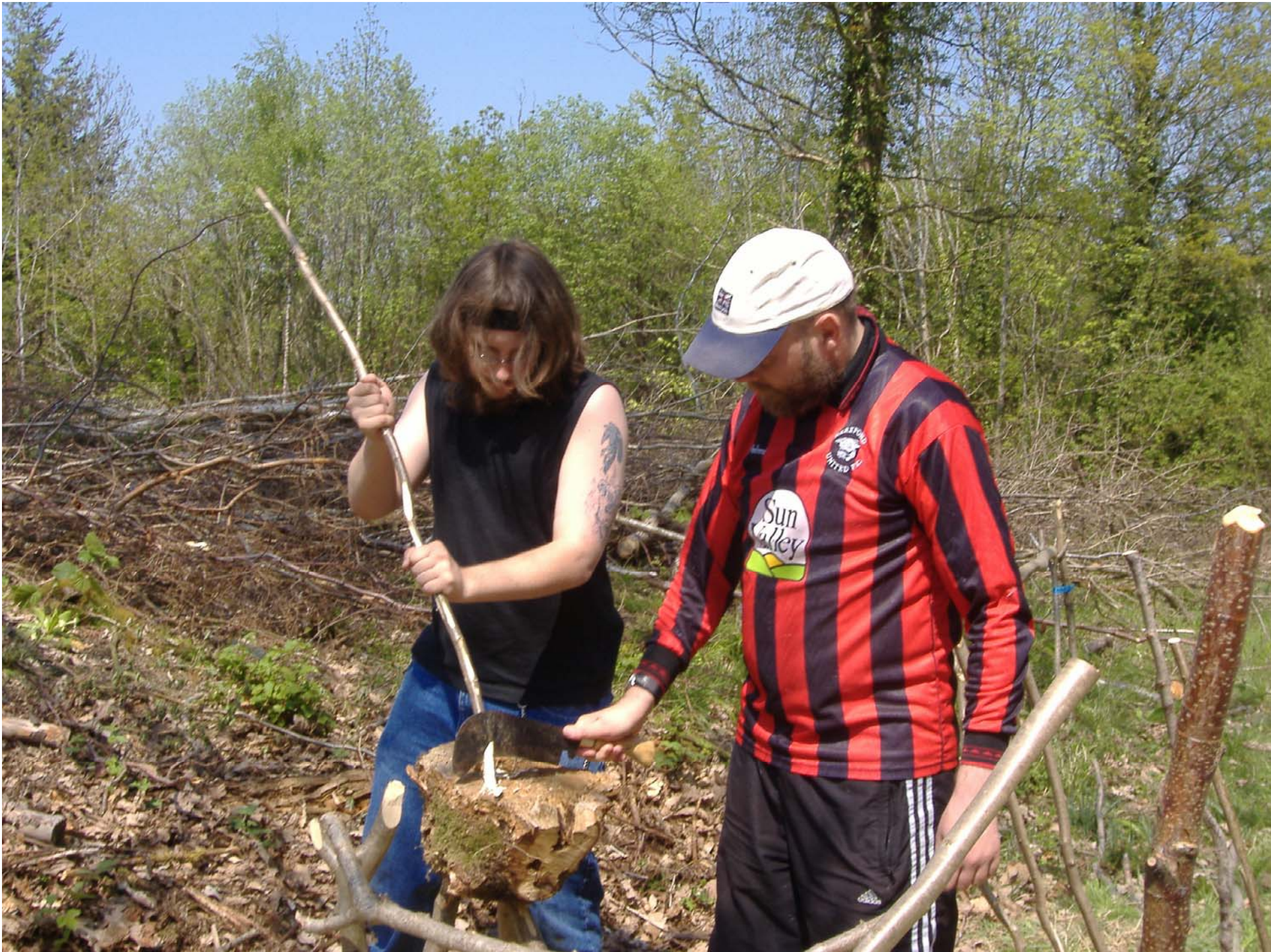
Mental Health 36

Social Functioning 25



## Case Study A





**High Dependency** – an individual with a condition that affects behaviour patterns in such a way that they require high levels of support and assistance

**Medium Dependency** – an individual who can be set a task but needs constant encouragement to complete the task

**Low Dependency** – an individual who feels they need the support of the project, but who can take a leading role within the project, perhaps becoming a member of the social enterprise



QBA was commissioned by Small Woods in 2008

The original draft was written by Paula Noble of Hill Holt Wood and has subsequently been developed and trialled in Herefordshire by Kate Lawes, Kate Tudge, Katie Eastaugh from Small Woods.

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