

Tan y Coed

Dechreuodd y Comisiwn Coedwigaeth blannu'r coed hyn ar ôl y Rhyfel Byd Cyntaf gan fod llawer o goed Prydain wedi cael eu defnyddio yn ystod y rhyfel. Parhaodd y gwaith plannu drwy gydol yr Ail Ryfel Byd gyda chymorth merched Byddin y Tir, a adwaenid fel 'Timber Jills'. Câi llawer o'r gwaith ei wneud â llaw, a byddai ceffylau yn tynnu'r boncyffion.

Siglen Lwyd
Grey Wagtail



The Forestry Commission began planting these woods after the First World War as the war effort had used up Britain's timber. This continued through the Second World War with Land Army Girls, known as 'Timber Jills', helping out. Much of the work was done by hand with horses pulling out the logs.

Llwybr Tan y Coed



Cychwyn: Maes parcio Tan y Coed

Pellter: 1.5 milltir / 2.5km; caniatewch 1.5 awr ar gyfer y daith

Gradd: Cymedrol (100m / 330tr o waith dringo)

Uchafbwyntiau

Cerdded drwy'r goedwig hynafol, a gweld y coed gyda'u gorchudd o fwsogl, ac yna dilyn yr afon wyllt.

Llwybr

O'r maes parcio, dilynwch y llwybr sy'n ymdroelli i fyny'r bryn drwy'r conwydd (coed gyda chonau), ac sydd yna'n mynd drwy goetir ffawydd a derw mwy agored. Ewch i lawr at yr afon a dilynwch y llwybr glan afon yn ôl i ffordd y goedwig a'r maes parcio (fel Cwm Cadian).

Llwybr Cwm Cadian a'r Llwybr Pos Anifeiliaid



Cychwyn: Maes parcio Tan y Coed

Pellter: 1 filltir / 1.6km; caniatewch 1 awr ar gyfer y daith

Gradd: Cymedrol (40m/30tr o waith dringo)

Uchafbwyntiau

Coetir ffawydd ac Afon Cadian gyda'i rhaeadr a phyllau.

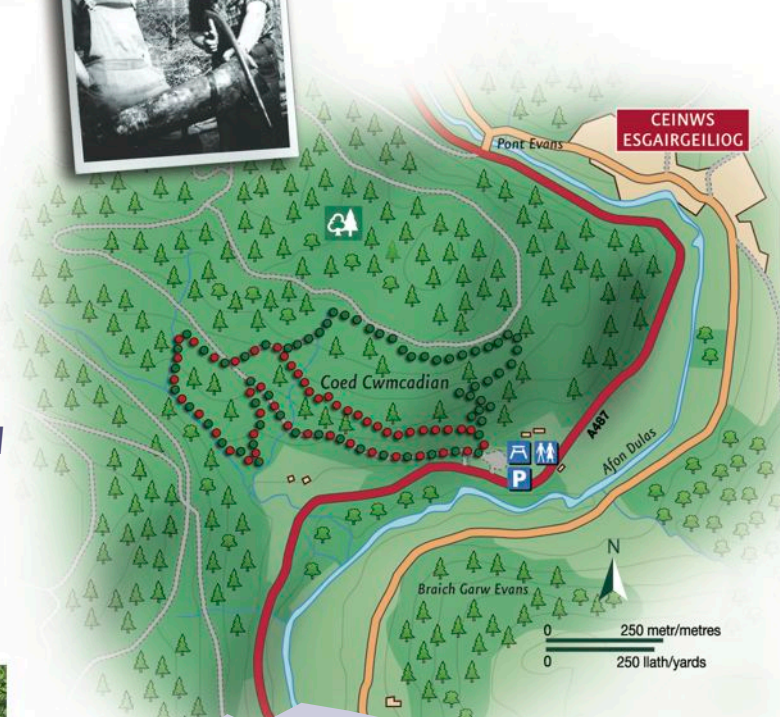
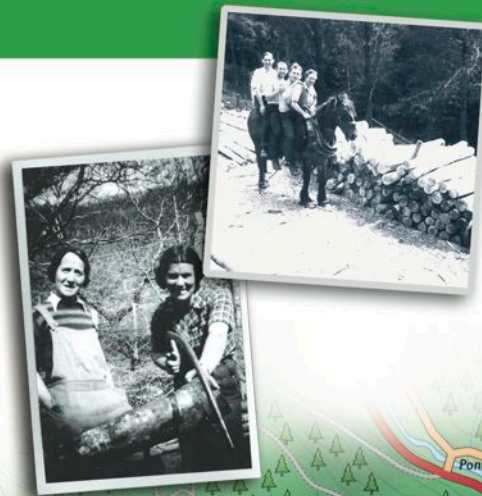
Llwybr

O'r maes parcio, dilynwch y llwybr ar hyd ochr y bryn drwy'r coed ffawydd. Yna ewch i lawr at Afon Cadian, a dilynwch yr afon nes cyrraedd y ffordd goedwig a'r maes parcio.

Llwybr Pos Anifeiliaid

(yn dilyn Llwybr Cwm Cadian)

Gallwch fod yn ddiectif natur os ewch ar hyd y llwybr arbennig hwn i blant. Cymerwch daflen a cheiswch ateb y cliwiau i ddarganfod yr anifeiliaid sy'n cuddio yn y coed.



Chwiliwch am

Ar lan yr afon, gallwch weld y siglen lwyd gyda'i chynffon hir a'i bol melyn, a bronwen y dŵr, aderyn bach brown bywiog gyda gwddf a brest wen, yn hela am bryfed y dŵr. Mae'n hawdd gweld sut y cafodd y siglen lwyd ei henw, ac mae bronwen y dŵr yn plymio i'r dŵr i chwilio am fwyd (enw arall arni yw trochwr)

Look out for

At the riverside grey wagtails, with their long tails and yellow underside, and dippers, small perky brown birds with a white bib, hunt for water insects. It is easy to see how wagtails got their name and the dippers also constantly bob up and down!



Tan y Coed Trail

Start: Tan y Coed car park

Grade: Moderate

Distance: 1.5 m 2.5km (330ft/100m climb)

Allow 1.5 hours

Highlights

Walking through the old moss-covered trees, then following the tumbling river.

Route

From the car park follow the path as it meanders uphill through conifers (trees with cones) and then through more open beech and oak woodland. Descend to the river and follow the riverside path back to the forest road and the car park (as Cwm Cadian)

Cwm Cadian & Animal Puzzle Trail



Start: Tan y Coed car park

Distance: 1m/1.6km

Grade: Moderate (130ft/40m climb) allow 1hour

Highlights

Beech woodland and Afon Cadian with its waterfall and pools.

Route

From the car park follow the path along the hillside through beech woods. Then descend to Afon Cadian, and follow the river back to the forest road and the car park.

Animal Puzzle Trail

(follows the Cwm Cadian Trail)

Be a nature detective on this special trail for children. Pick up a leaflet from the dispenser outside the toilet block and work out the clues to find the hidden animals in the woods.

