

KEY TO MAPS



Forestry Commission land



Forestry Commission woodland



Other woodland



Main road



Secondary road



Minor road



Forest road



Track



Footpath



Forest trails
(colour coded)



Post number



National cycle route



Southern Upland Way



Start of forest trails
(detailed on trail maps)



7stanes bike centre



Artwork in the forest



Parking



Parking (charge)



Easy-access facilities



Toilets



Tourist information



Viewpoint



Picnic area



Horse riding



Historic monument



Cafe/refreshments



Wildlife viewing



Bothy



Bike hire



Bike wash



Showers



Non FC parking