



Welcome to High Lodge Forest Centre



An environment for everyone...

- > 9 miles of walking trails (mostly on level surfaces)
- > Over 30 miles of cycle routes, ranging from beginners through to highly technical
- > Bike Art cycle hire, sales and accessories
- > 'Go Ape' high wire adventure course
- > Adventure play area
- > The Giant Sculpture Trail
- > Picnic & BBQ areas
- > Forest cafe & toilets
- > Forest shop
- > Events throughout the year

Exciting days in the great outdoors

High Lodge is set in the heart of Thetford Forest. It's the largest woodland in the east of England.

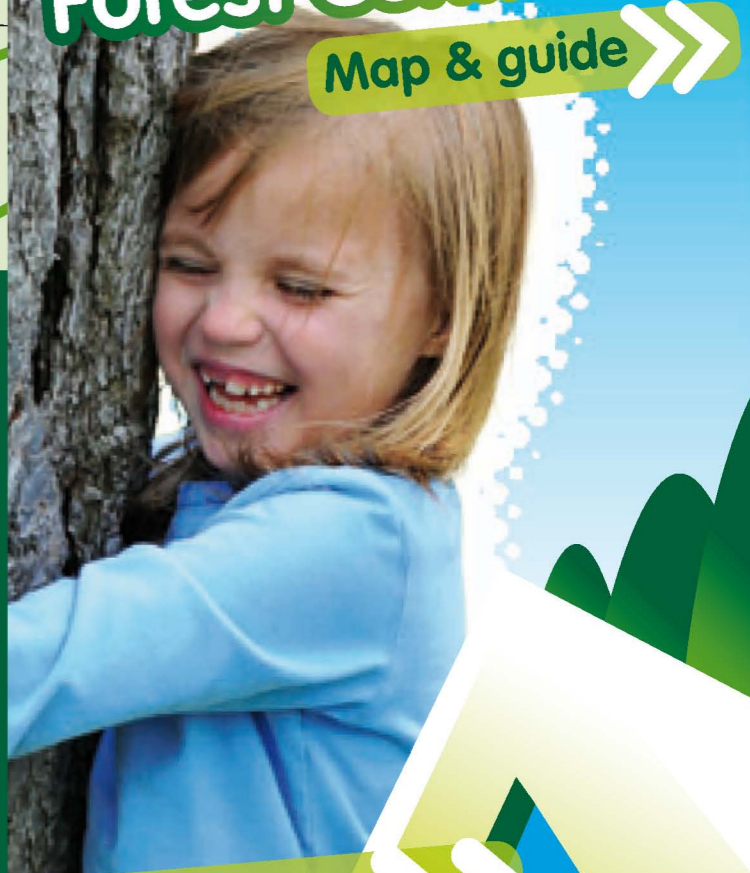
If your family loves adventure and you are looking for somewhere different – perhaps even challenging – to walk and cycle, High Lodge offers everything you're looking for and more. Here you and your family can walk, cycle, play, picnic and enjoy the experience of spending time in the forest, all year round.

Location and information
Enjoy your visit



High Lodge Forest Centre

Map & guide >>>



Location

High Lodge Forest Centre can be found off the B1107 Brandon to Thetford road.

Public transport

Brecks bus: call 01842 816170 to book a journey.

National cycle routes

National Route 13 and Regional Route 30 both pass through Thetford.

High Lodge Forest Centre

GPS IP27 0AF T 01842 815434
www.forestry.gov.uk/highlodge

>>> www.forestry.gov.uk

Admission

A site entry fee per vehicle is charged. For current information call 01842 815434 or visit the website.

Contact

Forestry Commission
East of England,
Santon Downham,
Brandon, Suffolk IP27 0TJ
T 01842 810271

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Play Picnic
Explore Relax >>>

Play Explore

Picnic Relax



Walking trails

Adventure through the forest on foot along one of our waymarked trails. They vary in length from less than one to over six miles.



Adventure play

There is plenty of space for picnics and playing whilst our large play area has equipment for most ages and abilities. The Giant Sculpture Trail will lead you past many wooden play structures and into the Squirrel's Maze, or you can find your way through the trees following the Squirrel Scamper Trail (available from High Lodge).



Orienteering

Delve even deeper into the forest and test your map-reading skills on our orienteering course. Special orienteering maps are available from High Lodge, offering a choice of three courses of different lengths for you to try.



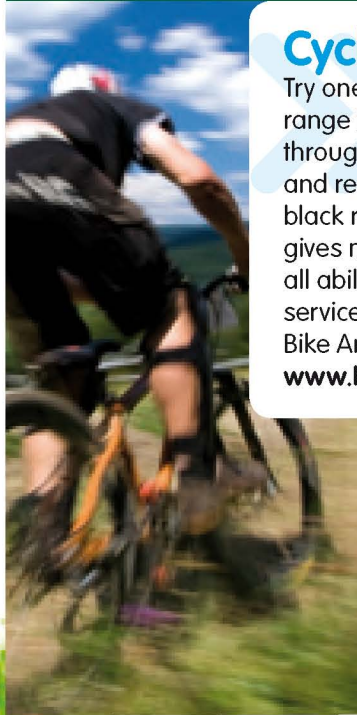
Go Ape is an award winning high wire adventure course

Booking essential.
Visit: www.goape.co.uk or call 0845 6439154.



Cycling trails

Try one of our four graded trails which range from the green family route through to the more challenging blue and red routes to the highly technical black route. Our cycle guide and map gives more details. Cycle hire (including all ability bikes), sales and service are available from Bike Art. Call 01842 810090 www.bike-art.com



Find your way around



Key to map

- Coach park
- Play/sculptures
- Forest cafe
- Refreshments
- Shop
- Telephone
- Adventure Play Trail (easy access)
- Waymarked walks
- Cycle trails