

Come & visit...



Sence Valley Forest Park

Sence Valley is a community woodland that has been created for all to enjoy. A network of trails suitable for walkers and cyclists of all abilities takes you around the woodland, and a bridle way links the park to the neighbouring villages of Ibstock and Heather. Being naturally fed by the River Sence, the Forest park is a wildlife haven with 150 bird species recorded and sightings of otters and water voles across the site.

For a free guide and map contact the West Midlands Forestry Commission office on **01889 586 593**.

What you'll find at **Sence Valley**

- Walking
- Cycling
- Permit fishing
- Wildlife viewing
- Orienteering
- Horse riding
- Car parking
- Toilets
- Easy access
- Picnic areas



Come & visit...



Rosliston Forestry Centre

Rosliston is the oldest of the Forestry Commission's community woodlands within The National Forest. Existing mature woodland is found at Fox Cover which gives us a clue as to how the rest of The National Forest may look in the future.

The site already boasts many facilities and a considerable number of visitors. For your free site guide which includes a map of the site and upcoming events, please contact Rosliston Forestry Centre on **01283 563483** or visit the website www.roslistonforestrycentre.co.uk

What you'll find at **Rosliston**

- Walking
- Cycling
- Permit fishing
- Wildlife viewing
- Orienteering
- Forest Lodges
- Car parking
- Picnic areas
- Visitor Centre
- Restaurant
- BBQ areas
- Play areas
- Toilets
- Easy access



Bookable activities are also available.

Events

Regular events are held at both **Sence Valley Forest Park** and **Rosliston Forestry Centre**, for information look out for the Forestry Commission Events guide available in Tourist Information Centres and in leaflet dispensers on site. Alternatively check out the Forestry Commission website www.forestry.gov.uk/nationalforest or www.roslistonforestrycentre.co.uk

Walking

There are plenty of forest walks for everybody. **Hicks Lodge** and **Sence Valley** offer scenic lakeside walks. At **Rosliston**, adventure and discovery trails lead you away from the visitor centre to explore the woods. **Shellbrook Wood**, **Seale Wood**, **Tunnel Woods** and **Swainspark Woods** provide a peaceful escape from the hustle and bustle with a network of grass and woodland paths. For the rambler or backpacker, a series of public footpaths take you through a number of Forestry Commission sites and into the wider National Forest.

For information on easy access and all ability trails on Forestry Commission sites please contact the West Midlands Forestry Commission office on **01889 586 593** or visit www.forestry.gov.uk/nationalforest



Explore

our woodlands in The National Forest

The **National Forest** is an area of 200 square miles and spans across 3 counties where massive woodland creation is being carried out. At present there are 17 Forestry Commission woodlands within The National Forest, comprising of 3 existing woodlands and 14 newly planted sites.

You can find out more information on The National Forest from our website: www.visitnationalforest.co.uk

Information Enjoy your visit

Accommodation

If you looking to visit The National Forest overnight, why not stay in one of the six forest lodges that **Rosliston Forestry Centre** has to offer. Designed to offer comfort and relaxation for all our guests, the lodges come in a range of sizes, some which sleep four to six people, whilst our largest lodge can sleep 10. All the lodges have been designed with disabled access in mind, with wheelchair wide doors to easy-to-use can openers, we've tried to think of everything. For more information or to book your accommodation for your stay please call **01283 519119** or email enquiries@roslistonforestrycentre.co.uk

THE NATIONAL FOREST is England's most ambitious environmental project. In the very heart of England, across parts of Leicestershire, Derbyshire and Staffordshire, more than 200 square miles of town and countryside are being transformed by this 'Forest in the making', blending ancient woodland with new planting, to create a new Forest for the nation. For more information on things to do and see in The National Forest visit www.visitnationalforest.co.uk or call 01283 551 211.

Contact
For more information on any of the Forestry Commission woodlands within The National Forest contact:

Forestry Commission
West Midlands Forest District,
Lady Hill, Birches Valley
Rugeley, Staffordshire
WS15 2UQ

T 01889 586593
F 01889 574217

» www.forestry.gov.uk

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Follow the Forest Code

- Guard against all risks of fire.
- Protect and respect wildlife, plants and trees.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.

Explore

Our woodlands in The National Forest





Every year we aim to expand our woodlands for the benefit of local communities and wildlife.



Cycling

Cyclists can enjoy miles of shared use paths on Forestry Commission sites across the forest. At **Sence Valley** cyclists can take a gentle ride around the lakes and follow the bridle path to Kelham Bridge, a raptor viewing hotspot. At **Alistairs, Bignall's and Jaguar Lount Woods** you can follow the surfaced cycle route from the Ferrer's Centre through all three woodlands taking in the walnut plantings and large open grassland and continue on to Ashby de-la Zouch. Whilst at **Rosliston** you can explore the adventure trail to find the natural play area or Fox Covert, the mature wood that give us a glimpse of the future for The National Forest. **Hicks Lodge** provides a circular lakeside ride that will bring you closer to some of the wetland birds that make it their home and an ideal picnic spot in the heart of the forest.

Orienteering

There are two permanent orienteering courses, one at Rosliston Forestry Centre and the other at Sence Valley Forest Park. Both courses are designed for novices to the sport, but there are additional control points to increase difficulty. For maps and information about the courses, please contact the West Midlands Office on **01889 586593** or Rosliston Forestry Centre on **01283 563483**.



Fishing

Fishing is available on two lakes on Forestry Commission sites;

Goss Water, at **Sence Valley Forest Park** is fed by the River Sence and is a great place for fishing. There are two platforms with wheelchair access. Fishing is by permit only and can be obtained from Richards Field and Sport, Coalville on **01530 815730**.

Greenheart Lake, at **Rosliston Forestry Centre** was created with sponsorship from Rolls Royce. The lake is stocked with roach, rudd, tench, barbel, chub and carp and is permit fishing only. Permits available from the Barn Shop at Rosliston Forestry Centre on **01283 563483**.

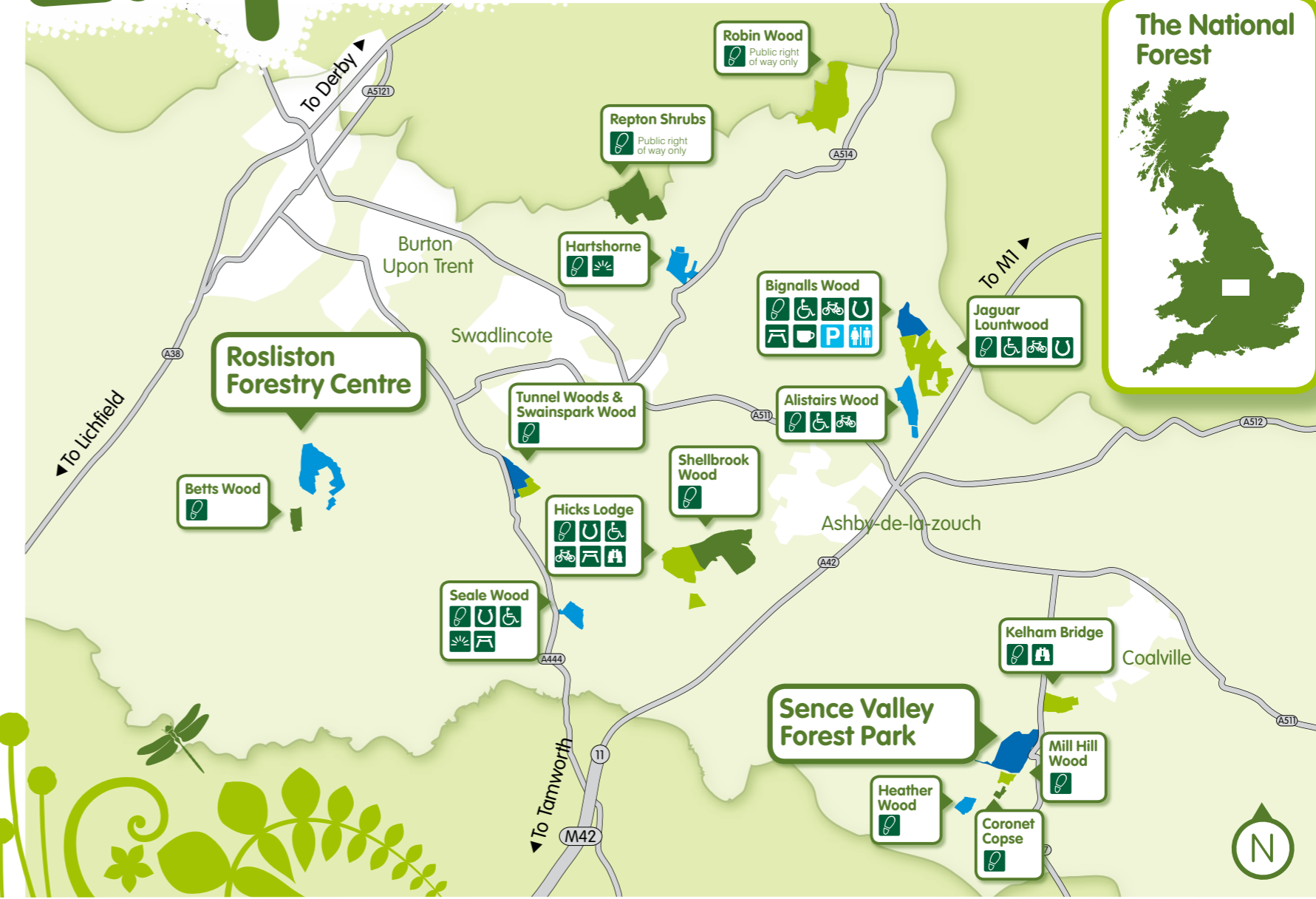


Horse riding

A network of public bridle paths cross The National Forest, however riders wishing to complement these can use the purposely designed horse routes at **Seale Wood** and **Bignall's and Jaguar Lount Woods**. Use of these routes is by TROT permit, information and permits can be obtained from TROT, www.toltrides.org.uk

For information on Public footpaths and bridle paths please refer to OS map 245: The National Forest

Explore our woodlands in The National Forest



Key to symbols

- Walking
- Cycling
- Horse riding
- Easy access
- Picnic area
- View point
- Refreshments
- Wildlife viewing

