

5 Llwybr Mynydd Penrhos Penrhos Mountain Trail

say 'muh-nith ('th' as in 'the') pen - rhoss"



**3m/4.5km - llwybr caled
2 awr
dringo 200m/660tr**

Dechrau

O Faes Parcio Ty'n y Groes.

Uchafbwynt

Cewch y wefr o gerdded y mynyddoedd wrth ddilyn y llwybr hwn, a gweld y Garn, Cadair Idris, Rhobell Fawr ac Eryri o'r copa yn dâl am eich ymdrech.



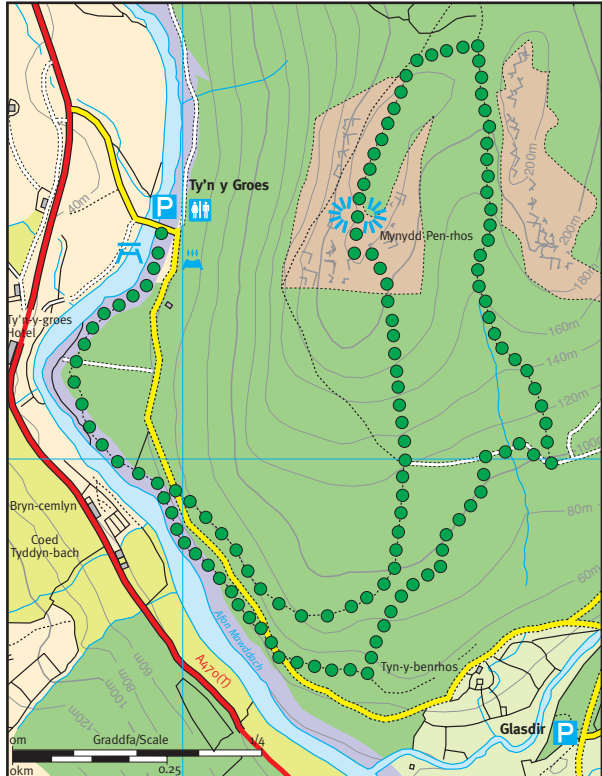
**3m/4.5km - strenuous
2 hours
200m/660ft climb**

Start

From Ty'n y Groes Car Park

Highlights

This trail offers a real feel of mountain walking with the views of y Garn, Cader Idris and Rhobell Fawr and surrounding Snowdonia from the top your reward for the slog up.



5 Llwybr Mynydd Penrhos - Y daith

Penrhos Mountain Trail - The route



O'r maes parcio, croeswch yr ardal welltog gan ddilyn yr arwyddion gwyrdd.

Edrychwch ar y panel am Warchodlu'r Brenin - sef y Ffynidwydd Douglas enfawr.

Dilynwch yr afon nes i chi gyrraedd ffordd wedi'i tharmacio. Croeswch y ffordd a dilynwch y llwybr i fyny'r bryn drwy goetir cymysg hyfryd nes cyrraedd copa Mynydd Penrhos gyda'i orchudd o rug ac eithin.

I gyrraedd y copa rhaid mynd ar hyd nifer o lwybrau troed serth ac anwastad.



From the car park cross the grassy area following the green waymarkers.

Take in the panel about the King's Guards – the forest's huge Douglas Firs.

Follow the river until you reach a tarmac road. Cross the road and follow the route up the hillside through delightful mixed woodland to the heather and gorse-clad summit of Mynydd Penrhos.

The trail to the top of the mountain follows a number of steep footpaths on an unmade uneven surface.