



Llwybr y Tarw



The Tarw Trail



Gradd Gyflawn	coch/anodd ▲
Pellter	20.2km
Amser	1.5 - 3 awr
Dringo	460m

Mae hwn yn debyg iawn o ddod yn llwybr eiconig y goedwig ac un na fyddwch am ei golli! Taith dechnegol heriol gyda rhannau troellog, creigiog, disgyniadau sy'n llifo'n gyflym a golygfeydd draw at gadwyn mynyddoedd Eryri. "Top Dogger" yw hwn.

Rhybudd: ceir nifer o rannau creigiog, gan gynnwys grisiau cerrig sy'n 20cm/8 modfedd neu fwy o uchder.



Dilynwch yr arwyddion yma

Overall grade	red/difficult ▲
Distance	20.2km
Time	1.5 - 3 hours
Climb	460m

This is destined to become the forest's iconic trail and one which you won't want to miss! A technically challenging ride with twisty, rocky sections, fast flowing descents and views across to the Snowdonia range. It's a "Top Dogger".

Warning: you will encounter a number of rocky sections including rock steps with a drop of 20cm/8" or more.



Follow these waymarkers

Dosbarth y Llwybr:	Coch/Anodd ▲
Yn addas i	Beicwyr mynydd medrus gyda sgiliau oddi ar y ffordd dda. Addas i feiciau mynydd oddi ar y ffordd o ansawdd da.
Mathau o lwybrau a arwyneb	Yn fwy serth a chaled, trac sengl gan fwyaf gydag adrannau technegol. Disgwyliwch lawer o arwynebedd amrywiol.
Nodweddion graddiant a thechnegol y llwybr	Fe fydd yna amrywiaeth eang o ddringfeydd a disgyniadau eithaf heriol. Disgwyliwch ddod ar draws llwybrau bordiau, ysgafellau, creigiau mawr, camau cymedrol, disgyniadau, cambrau, a chroesi dŵr.
Lefel ffitrwydd awgrymiedig	Lefel uwch o ffitrwydd a stamina.

Bike Trail Grade	Red/Difficult ▲
Suitable for	Proficient mountain bikers with good off-road riding skills. Suitable for better quality off-road mountain bikes.
Trail & surface types	Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.
Gradients & technical trail features (TTFs)	A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings.
Suggested fitness level	Higher level of fitness and stamina.

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